

# Sytchampton Endowed Primary School

## PSHE Policy

Signed by:

Headteacher

Date:

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Chair of Governors

Date:

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Review date: 14<sup>th</sup> October 2021

Next review due: October 2022

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## **The Importance of PSHE**

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At Sytchampton, children's wellbeing, happiness and safety are our first priority, and PSHE is a key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our children and of society;
- Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life;
- Provides information about keeping healthy and safe, emotionally and physically and online;
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

## **Aims**

- Valuing families and different family structures
- Creating and maintain positive friendships
- Developing safe and respectful relationships
- Understand the changes that take place during puberty
- Promoting good health (including dental health) and carrying out first aid
- Learning to make independent choices and not to be influenced by others
- Operating safely in a digital world

## **Organisation / Provision**

PSHE is delivered within a whole school approach which includes:

- Dedicated, weekly curriculum time
- Wellbeing Champions
- Teaching PSHE through and in other subjects/curriculum areas
- Circle Time
- Specialised assemblies
- PSHE activities and school events e.g. Anti-Bullying Week
- Pastoral care and guidance
- Visiting speakers

As a school we use a combination of the KAPOW scheme of work, visits/visitor and NSPCC materials for teaching social, emotional and behavioural skills to children, to aid our delivery of PHSE.

### **Relationships within School**

Relationships at Sytchampton Primary School are based on an atmosphere of trust and respect for everyone. Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff provide very good role models for children and work hard to promote a safe, happy environment. The children have an active School Council where two children from each class are elected to represent the class's views.

### **Assessment and Recording**

Children are informally assessed by staff throughout their work and the reports given to parents will reflect this. Recording of work will be in a form appropriate to the planned focus and will be shown in teacher's planning. Evidence of PSHE will be in a variety of forms e.g. photographs as well as written work. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this.

This policy links to:

\*Behaviour Policy

\*Sex and Relationships Education Policy