

Sytchampton Endowed Primary School

PSHE Policy

Signed by:

Headteacher

Date:

Chair of Governors

Date:

Review date: October 2021

The Importance of PSHE

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At Sytchampton, children's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

- ☐ Promotes the spiritual, moral, cultural, mental and physical development of our children and of society;
- ☐ Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life;
- ☐ Provides information about keeping healthy and safe, emotionally and physically;
- ☐ Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

Aims

For children to:

Health & Wellbeing

- ☐ Know and understand what constitutes a healthy lifestyle.
- ☐ Know how to maintain physical, mental and emotional health and wellbeing.
- ☐ Be aware of safety issues, including how to respond in an emergency.
- ☐ Know how to manage change, including puberty, transition and loss.

Relationships

- ☐ Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- ☐ Know how to recognise and manage emotions within a range of relationships.
- ☐ Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- ☐ Know how to respect equality and diversity in relationships.

Living in the Wider World

- ☐ Know the importance of responsible behaviours and actions.
- ☐ Be responsible and independent members of the school community.
- ☐ Be positive and active members of a democratic society.
- ☐ Know about the importance of respecting and protecting the environment.
- ☐ Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- ☐ Develop good relationships with other members of the school and the wider community.
- ☐ Know about where money comes from, keeping it safe and the importance of managing it effectively.

- ☐ Have a basic understanding of enterprise.

For Year 5 and 6

- ☐ Specific enrichment units linked to Online Safety and Body Image.

Organisation / Provision

PSHE is delivered within a whole school approach which includes:

- ☐ Dedicated curriculum time
- ☐ Teaching PSHE through and in other subjects/curriculum areas
- ☐ Circle Time
- ☐ Specialised assemblies
- ☐ PSHE activities and school events e.g. Friends Days
- ☐ Pastoral care and guidance
- ☐ Visiting speakers

As a school we use a combination of the Cambridgeshire PSHE Scheme of Work, assemblies, visits/visitors and NSPCC for teaching social, emotional and behavioural skills to children, to aid our delivery of PHSE.

Relationships within School

Relationships at Sytchampton Primary School are based on an atmosphere of trust and respect for everyone. Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff provide very good role models for children and work hard to promote a safe, happy environment. The children have an active School Council where two children from each class are elected to represent the class's views.

Assessment and Recording

Children are informally assessed by staff throughout their work and the reports given to parents will reflect this. Recording of work will be in a form appropriate to the planned focus and will be shown in teacher's planning. Evidence of PSHE will be in a variety of forms e.g. photographs as well as written work. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this.

This policy links to:

***Behaviour Policy**

***Sex and Relationships Policy**